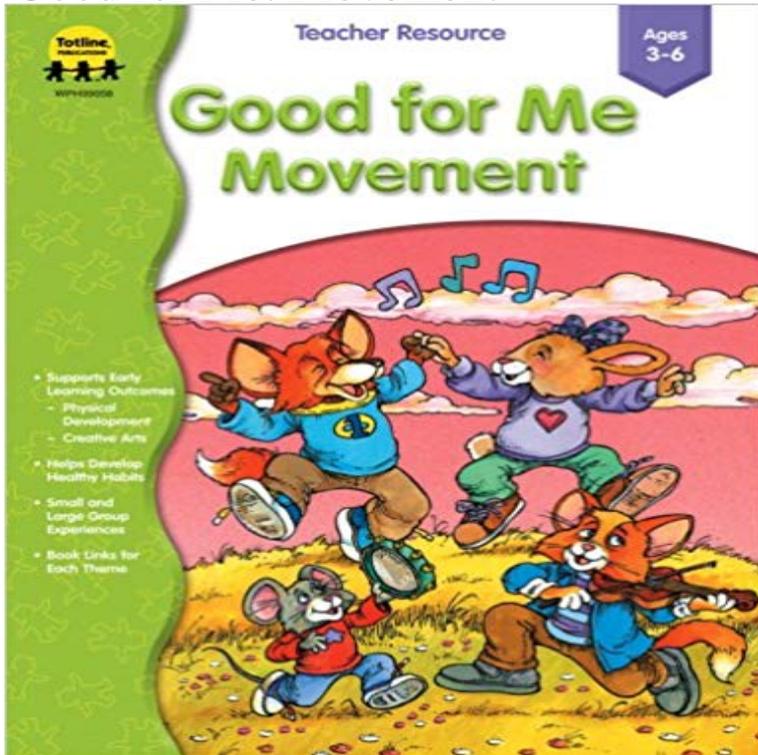# Good for Me: Movement

This teacher resource addresses the need to educate our children in healthy lifestyle habits. Small and large group activities reflect early learning standards and are organized by popular early learning themes.

window.ue_csm.cel_widgets = [{ id: detail-bullets } , { id: featurebullets_feature_div } , { id: summaryContainer } , { s: #revMHRL > DIV , id_gen: function(elem, index) { return custRev + (index + 1); } } , { id: sims_fbt } , { id: purchase-sims-feature } , { id: session-sims-feature } , { id: quickPromoBucketContent } , { id: productDescription } , { id: technicalSpecifications_feature_div } , { id: prodDetails } , { id: related_ads } , { id: technical-data } , { id: tagging_lazy_load_div } , { id: consumption-sims } , { id: moreBuyingChoices_feature_div } , { id: product-ads-feedback_feature_div } , { id: DAcrt } , { id: vtpsims } , { c: celwidget } , { id: fallbacksessionShvl } , { id: rhf } , { id: unifiedLocationPopoverSelections }]; (function(a){var b=document.ue_backdetect;b&&b.ue_back&&a.ue&&(a.ue.bfini=b.ue_back.value);a.uet&&a.uet(be);a.onLdEnd&&(window.addEventListener?window.addEventListener(load,a.onLdEnd,!1):window.attachEvent&&window.attachEvent(onload,a.onLdEnd));a.ueh&&a.ueh(0,window,load,a.onLd,1);a.ue&&a.ue.tag&&(a.ue_furl&&a.ue_furl.split?(b=a.ue_furl.split(.))&&b[0]&&a.ue.tag(b[0]):a.ue.tag(nofls))})(ue_csm); var ue_pty=Detail, ue_spty=Glance, ue_pti=1570295085; v (function(g,h){function d(a,d){var b={};if(!e !f)try{var c=h.sessionStorage;c?a&&(undefined!==typeof d?c.setItem(a,d):b.val=c.getItem(a)):f=1}catch(g){e=1}e&&(b.e=1);return b}var b=g.ue {},a=,f,e,c,a=d(csmtid);f?a=NA:a.e?a=ET:(

a=a.val,a (a=b.oid NI,d(csmtid,a)),c=d(b.oid),c.e (c.val=c.val 0,d(b.oid,c.val+1)),b.ssw=d);b.tabid=a})(u e_csm,window); (function(b,c){var a=c.images;a&&a.length&&b.ue.count(tot alImages,a.length)})(ue_csm,document); (function(m,h){function I(a){if(a)return a.replace(/^//s+ //s+$/g,)}function x(a,e){if(!a)return{};a.m&&a.m[k]&&(a=a .m);var b=e.m e[k] ,b=a.m&&a.m[k]?b+a.m[k]:a.m&&a.m.tar get&&a.m.target.tagName?b+(Error handler invoked by +a.m.target.tagName+ tag):a.m?b+a.m:a[k]?b+a[k]:b+Unknown error,b={m:b,f:a.f a.sourceURL a.fileName a.filename a.m&&a.m.target&&a.m.target.src,l:a.l a.line a.lineno a.lineNumber,c:a.c?+a.c:a.c,s:unknown,t:m .ue.d(),name:a.name,type:a.type,csm:J+ +(a.fromOnError?onerror: ueLogError)},d,c,g=0,f=0,n;c=h.location;d =a.stack (a.err?a.err.stack:);b[y]=e[y] c&&c.href missing;b[p]=e[p] z;(c=e[q])&&(b[q]=+c);m.ue_ld_err&&h.p erformance&&h.performance.timing&&(c =h.performance.timing,f=window.performa nce&&window.performance.now&&windo w.performance.timing?window.performanc e.now()+window.performance.timing.navig ationStart:+new Date,b.ld=0l.mxe)){l.ec++;l.ter.push(a);e=e {};var b=a[p] e[p];e[p]=b;e[q]=a[q] e[q];b&&b!=z l.ecf++;w(a, e)}}function w(a,e){if(a){var b=x(a,e),d=e.channel M;if(ue.log.isStub&&h[u]&&h[u][v]){var c={};c[d]=b;try{var g=h[u][v]({rid:ue.rid,sid:m.ue_sid,mid:m.u e_mid,sn:m.ue_sn,reqs:[c]}),f=h1,n;if(n=!(f[D]&&f[D](E,g))){var l;if(h[F]){var k=new h[F];k.onerror=s;k.ontimeout=s;k.onprogre ss=s;k.onload=s;k.timeout=0;l=k}else{var p;if(h[G]){var q=new h[G];p=withCredentialsin q?q:void 0}else p=void 0;l=p}n=l}if(d=n){d.open(POST,E,!0);if(d [H])d[H](Content-type,text/plain);d.send(g)}}catch(r){}}else m.ue.log(b, d,{nb:1});if(!a.fromOnError){g=h.console {};d=g.error g.log s;c=h[u];f=Error

logged with the Track&Report JS errors API(http://tiny/1covqr6l8/wamazindeClieU serJava):

;if(c&&c[v])try{f+=c[v](b)}catch(t){f+=no info provided; converting to string failed}else f+=b.m;d.apply(g,[f,b])}}}var G=XMLHttpRequest,F=XDomainRequest, N=navigator,D=sendBeacon,v=stringify,u= JSON,p=logLevel,q=attribution,y=pageUR L,r=skipTrace,H=setRequestHeader,k=mes sage,s=function(){ },E=//+m.ue_furl+ /1/batch/1/OE/,l=m.ue_err,M=m.ue_err_ch an

jserr,z=FATAL,J=v6,A=20,t=256,L=RegE xp((?([^ s]*):(d+): d+)?.split( ).join(String.fromCharCode(92))),K=/.*@(.*):(//d*)/;x[r]=1;C[r]=1;w[r]=1;(function() {for(var a,e=0;e (function(c,d){var b=c.ue,a=d.navigator;b&&b.tag&&a&&(a =a.connection a.mozConnection a.webkitConnection)&&a.type&&b.tag(net Info:+a.type)})(ue_csm,window); (function(c,d){function g(a,b){for(var c=unknown,d=0;d ue_csm.ue.exec(function(d,e,a){function b(a,b){return{name:a,getFeatureValue:func tion(){return void 0!==b 0}}}function h(a,b,c){return{name:a,getFeatureValue:fu nction(){return b===c 0}}}function g(a,b){return{name:a,getFeatureValue:func tion(){for(var a=0;a ue._bf.modules.push(ue._bf.mpm(cc_ie5, 1)) ue._bf.modules.push(ue._bf.mpm(cc_ie6, 1)) ue._bf.modules.push(ue._bf.mpm(cc_ie7, 1)) ue._bf.modules.push(ue._bf.mpm(cc_ie8, 1)) ue._bf.modules.push(ue._bf.mpm(cc_ie9, 1)) (function(g,b,h){function c(){var a;a=h.cookie.match(/session-id=([//w//-]+)/);a=null!==a?a[1]:null;var b=ue_sid,c;c=Date.now?Date.now():(new Date).getTime();d[a] (e.log({k:k,t:c,nsid:a,osid:b},f),d[a]=1)}var k=sbk,f=csm;b=b.navigator.cookieEnabled ?!0:!1;var e=g.ue,d={};e.log({k:cinf,enbl:b},f);b&&u e_sid&&(d[ue_sid]=1,e.attach(beforeunloa d,c),setInterval(c,1E3))})(ue_csm,window, document); ue_csm.ue.exec(function(e,f){var a=e.ue

{},b=a._wlo,d;if(a.ssw){d=a.ssw(CSM_previousURL).val;var c=f.location,b=b?b:c&&c.href?c.href.split(#)[0]:void 0;c=(b)===a.ssw(CSM_previousURL).val;!c&&b&&a.ssw(CSM_previousURL,b);d=c?reload:d?intrapage-transition:first-view}else d=unknown;a._nt=d},NavTypeModule)(ue_csm,window); var ue_mbl=ue_csm.ue.exec(function(e,a){function k(f){b=f{};a.AMZNPerformance=b;b.transition=b.transition {};b.timing=b.timing {};if((f=a.webclient&&function===typeof webclient.getRealClickTime?a.cordova&& a.cordova.platformId&&ios==cordova.platformId?!1:!0:!1)&&b.tags instanceof Array){var c;c=-1!=b.tags.indexOf(usesAppStartTime) b.transition.type?!b.transition.type&&-1

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